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Tuesday, October 16, 2018 metro.us | t: MetroPhilly | f: MetroPhilly

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5 THINGS TO KNOW

WELCOME TO METRO PHILLY

PAT KING, COMMERICAL EDITOR

Singer, auto-tune pioneer and successful entrepreneur T-Pain has risen to fame and fortune by tuning out all of the naysayers and hesitant voices in the back of his mind. I sat down with the "Buy U a Drank" rapper to talk about his new show "T-Pain's School of Business" and to get a free lecture on creativity from one of the most influential musicians of the past 20 years. I mean, c'mon. It's T-Pain! Read about it on Page 11 or at **metro.us.**

MICROSOFT CO-FOUNDER PAUL ALLEN DIES AT 65

1 Microsoft Corp. co-founder Paul Allen, who had been suffering from non-Hodgkin's lymphoma, a form of cancer, passed away at the age of 65 on Monday, his family said. Allen had said earlier this month that he had started treatment for non-Hodgkin's lymphoma, the same type of cancer he overcame nine years ago. Born in Seattle, Allen attended Washington State University for two years before dropping out to co-found Microsoft in 1975 with Bill Gates, a friend of his from high school. Allen, who left Microsoft in 1983, set up investment firm Vulcan Inc. in 1986 to manage his multibillion-dollar portfolio. "Paul Allen's contributions to our company, our industry and to our community are indispensable," Microsoft Chief Executive Officer Satya Nadella said in a statement. "As co-founder of Microsoft, in his own quiet and persistent way, he created magical products, experiences and institutions, and in doing so, he changed the world." Allen, who ranked 44th on Forbes magazine's 2018 list of billionaires with a $20.5 billion fortune, was a major benefactor in Seattle, funding everything from libraries and universities to brain research.

WARREN SAYS DNA TEST BACKS HER ANCESTRY

2 Democratic Sen. Elizabeth Warren, ridiculed by U.S. President Donald Trump as "Pocahontas" for claiming Native American heritage, hit back on Monday with DNA evidence she said supported her assertion, a possible preview of a bare-knuckles presidential campaign in 2020. The Massachusetts lawmaker, known as a liberal firebrand in her party, said last month she would take a "hard look" at running for the Democratic nomination to challenge Republican Trump in 2020. She and Trump clashed frequently through the 2016 presidential campaign and Trump has cast aspersions on her claim to Native American ancestry. "When I decided to run for Senate in 2012, I never thought that my family's Native American heritage would come under attack and my dead parents would be called liars," she said in a statement on Monday. "And I never expected the president of the United States to use my family's story as a racist political joke," she said. Trump taunted Warren over the issue at a July rally in Montana. "I will give you a million dollars to your favorite charity, paid for by Trump, if you take the test and it shows you're an Indian," he said.

SEA FARMING IN TURKEY'S IZMIR

3 A diver is seen in a sea farm where tunas are bred and prepared to be sold to Japan and European countries, in the Karaburun district of Izmir, Turkey, on Sunday. Tuna farms are under the inspection of the International Commission for the Conversation of Atlantic Tunas (ICCAT). Maintenance of the cages is carried out by experienced divers. Tuna fish can weigh up to half a ton and are rich in nutrients such as omega-3 fatty acids and protein.

GETTY IMAGES

HARVARD ACCUSED OF ASIAN-AMERICAN BIAS

4 Harvard University discriminates against Asian-American applicants in order to limit how many it admits, a lawyer for a group suing the school said on Monday at the start of a trial that could have wider implications for the role of race in U.S. college admissions. The trial in federal court in Boston pits the Ivy League school against Students for Fair Admissions (SFFA), which was founded by an anti-affirmative action activist and whose case is backed by the Trump administration. The case could eventually reach the U.S. Supreme Court, giving the newly cemented five-member conservative majority a chance to bar the use of affirmative action to help minority applicants get into college, legal experts say. In previous rulings on affirmative action, the Supreme Court has allowed colleges to include race as one factor among others in assessing applicants. In his opening statement, Adam Mortara, a lawyer for SFFA, accused Harvard of going further than the court has allowed by engaging in "racial balancing" and keeping Asian-American admissions in the years before SFFA sued in 2014 at or under 20 percent annually.

JUDGE DISMISSES STORMY DEFAMATION LAWSUIT

5 A U.S. judge on Monday dismissed adult-film actress Stormy Daniels's defamation lawsuit against President Donald Trump and ordered her to pay his attorney's fees, saying a tweet the president had written referring to her was protected by free-speech laws. Daniels' lawyer, Michael Avenatti, said they would appeal the decision. Daniels, whose real name is Stephanie Clifford, has said she had a sexual encounter with Trump in 2006. Daniels has said that in 2011, a man approached her in a Las Vegas parking lot and threatened her after she had agreed to talk about her experience with Trump in an interview. She then released a sketch of the man. Trump responded by dismissing her claims in a tweet, saying, "A sketch years later about a nonexistent man. A total con job, playing the Fake News Media for Fools (but they know it)!" Daniels, who has also sued over a $130,000 hush money agreement over the alleged encounter, sued over the tweet, claiming it made her appear to be a liar. Attorneys for Trump have sought to dismiss both lawsuits.

Stroke symptoms to look out for

Illuminated Hearts

ASK ILLUMINATED HEARTS:

Over 795,000 people in the U.S. suffer from a stroke every year, according to the Centers for Disease Control and Prevention. If you're aging at home, it can represent a real hurdle to your self-care routine. Metro synced up with Illuminated Hearts, a Philadelphia home-care provider, to help guide seniors and caregivers through the process.

How dangerous is a stroke?

A stroke can be traced back to a blocked or damaged vessel in the brain. When blood vessels fail to deliver oxygen-rich blood to the brain, parts of the brain start to die. Brain damage can set in within minutes, and parts of the body controlled by the impacted area can quickly stop working. A stroke is considered a severe medical emergency. If you suspect that one is happening, immediate medical treatment is crucial–early treatment can minimize brain damage and other complications.

What stroke symptoms need to be on our radar?

The American Stroke Association developed this easy-to-remember guide to help identify the signs of a stroke:

F (facial drooping): Is one side of the person's face drooping or numb? When they smile, is the smile uneven?

A (arm weakness): Is the person experiencing weakness or numbness in one arm? Have the person raise both arms. Do any of their arms drift downward?

S: (speech difficulty): Is the person's speech suddenly slurred or hard to understand? Are they unable to speak? Ask them to repeat a simple sentence. Can they repeat it back?

T (time to call 911): If any of these symptoms are present, dial 911 immediately. Check the time so you can report when the symptoms began.

Is it possible to continue aging at home after suffering from a stroke?

Most stroke survivors are able to return home and resume many of the activities they did prior to having the stroke. The adjustments that need to be made at home will be based on how severe the side effects are. In order to care for yourself at home, you'll likely need to go to rehab and get assistance with performing daily activities. Being able to

follow medical advice regarding future stroke prevention, having a caregiver who's willing to help when needed, and having the ability to move around and communicate are also vital. Those who do not meet this criteria may need to move into a facility that provides more in-depth care.

How does Illuminated Hearts care for those who are recovering from a stroke?

What kind of services do you provide?

At Illuminated Hearts, we provide our employees with training on identifying strokes and what to do if one occurs. We also provide training around CPR and helping our employees take care of clients who've had a stroke. Illuminated Hearts is located at 2231 Bryn Mawr Avenue. Learn more by visiting www.ICareForPA.com or calling (215) 921-6624.

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ALL PHOTOS GETTY IMAGES

Trump meets hurricane survivors in devastated Florida Panhandle

The president and first lady were accompanied by Florida Gov. Rick Scott.

President Donald Trump on Monday got a first-hand look at the "total devastation" that Hurricane Michael brought to Florida's Panhandle, meeting with survivors and saying that providing food and safety for them was a top priority.

Trump and first lady Melania passed out bottles of water at an aid center in Lynn Haven, a city of about 18,500 people near Panama City in northwestern Florida, after taking a helicopter ride in from Eglin Air Force Base about 100 miles to the west.

"To see this personally is very tough — total devastation," Trump said.

At least 18 deaths in four states have been blamed on Michael, which crashed into the Panhandle last Wednesday as one of the most powerful storms on record to hit the continental United States.

In Lynn Haven, Trump chatted with residents and praised the crews that had cleared roads on his route. Trump, who traveled to North and South Carolina after they were hit by Hurricane Florence last month, said previous storm sites he had visited seemed to have been hit hardest by water but that Florida's damage was more wind-related.

"Look behind you at these massive trees ripped out of the earth," Trump said to reporters, likening the storm to an "extremely wide tornado."

Upon his arrival at Eglin from Washington, Trump said the day's biggest objective was "just making sure everyone is safe, that they're fed."

"You know many of these people, they have no homes," he said. "Some of them have no trace of a home ... so our big thing is feeding, water and safety."

Trump was accompanied by Florida Gov. Rick Scott, a fellow Republican who is running for a seat in the U.S. Senate against an incumbent Democrat in the Nov. 6 congressional elections. Before the helicopter flight, Trump and Scott offered words of mutual praise.

The Trumps also planned to visit part of neighboring Georgia that was hit by Michael before returning to the White House on Monday evening, the White House said.

Insured losses for wind and storm surge from Hurricane Michael will run

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between an estimated $6 billion and $10 billion, respectively, risk modeler AIR Worldwide said. Those figures do not include losses paid out by the National Flood Insurance Program or uninsured property, AIR Worldwide said.

Michael hit the Florida Panhandle with 155 mph winds as a Category 4 hurricane on the five-step Saffir-Simpson scale.

Rescuers said they expected the death toll to rise and they were using cadaver dogs and heavy equipment to search collapsed homes in small towns such as Mexico Beach and Panama City for more victims.

Rescue efforts have been hampered by blocked roads and huge piles of rubble in many communities such as Mexico Beach, a town of about 1,000 people that took a direct hit from the massive storm that killed at least one person there.

"If we lose only one life, to me that's going to be a miracle," Al Cathey, mayor of Mexico Beach, told Florida media.

Water service was restored to some in Panama City on Monday but Bay County officials said it was not yet safe to drink. Homeowners were advised to keep toilet flushes to a minimum because the sewer system was operating only at half capacity.

The Florida Division of Emergency Management said that while power was returning in most areas, at least 85 percent of customers in four mainly rural Panhandle counties were without electricity on Monday. Officials said it could be weeks before power returns to the most damaged areas.

Trump is fully committed to helping state and local agencies with the recovery, the White House said. It was announced late on Sunday that he had declared a state of emergency in Georgia, freeing up federal resources for the state. A similar declaration had already been made for Florida. REUTERS

"To see this personally is very tough — total devastation."

President Donald Trump

BRIEF

Sears, once a retail titan, files for Chapter 11 bankruptcy

Sears Holdings Corp. filed for Chapter 11 bankruptcy on Monday with a plan to close about 142 of its 700 stores by the end of the year, throwing into doubt the future of the century-old retailer that once dominated U.S. malls but has withered in the age of internet shopping.

The bankruptcy filing to reorganize debts of the parent of Sears, Roebuck & Co. and Kmart Corp. follows a decade of revenue declines, hundreds of store closures, and years of deals by billionaire Eddie Lampert in an attempt to turn around the company he acquired in 2005 for $11 billion.

Lampert, who stepped down as Sears CEO on Monday but will remain chairman, had pledged to restore Sears to its glory days, when it owned the tallest building in the world and companies that included a radio station and Allstate insurance.

But the company, which has close to 70,000 employees, has not turned a profit since 2011, and critics say Lampert let the stores deteriorate over the years, even as he bought the company's stock and lent it money, making him its largest shareholder and creditor.

Lampert and his hedge fund ESL Investments Inc. own just shy of 50 percent of Sears' shares and are its biggest creditor, with about $2.5 billion owed to him and ESL. He has so far not disclosed whether he has turned a profit or loss since he invested in Sears following years of complex financial engineering at the company.

The company listed $6.9 billion in assets and $11.3 billion in liabilities in documents filed in the U.S. Bankruptcy Court in the Southern District of New York. Its debt to Pension Benefit Guaranty Corp., a U.S. government agency overseeing the retirement benefits of former Sears workers, was not disclosed in the bankruptcy filing. REUTERS

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Harry and wife Meghan expecting first baby next year

GETTY IMAGES

The baby will be seventh-in-line to the British throne.

Prince Harry and his wife Meghan are expecting their first child in the spring of 2019, around a year after their glittering wedding injected Hollywood glamour into the British royal family.

Harry, 34, younger son of heir-to-the-throne Prince Charles, married the U.S. television star Meghan Markle in May at a ceremony that mixed traditional British pomp with a gospel choir and other nods to her American heritage.

British media said Meghan, 37, was believed to be about 12 weeks pregnant. The baby will be seventh-in-line to the British throne.

"Their Royal Highnesses have appreciated all of the support they have received from people around the world since their wedding in May and are delighted to be able to share this happy news with the public," the couple's Kensington Palace office said in a statement.

The news emerged shortly after the royal couple landed in Australia for their first overseas tour, a busy trip which will also take in New Zealand and the South Pacific islands of Tonga and Fiji.

British media said Harry and Meghan broke the news of their pregnancy to the royal family on Friday, when they attended the wedding of Harry's cousin Princess Eugenie at Windsor Castle, where Harry and Meghan themselves were married five months ago.

There had been media speculation for a number of weeks that Meghan might be pregnant, and the couple had made no secret of their desire to have children.

"Hopefully we'll start a family in the near future," Harry had said in a TV interview when they announced their engagement in November last year.

The child will not be a prince or a princess unless the queen authorizes such a title before the birth. Instead, royal experts said if a boy, the child would officially be styled the Earl of Dumbarton — one of Harry's subsidiary titles — and Lady Windsor if a girl.

"My warmest congratulations to the Duke and Duchess of Sussex on the happy news they are expecting a baby in the Spring," British Prime Minister Theresa May said on Twitter. "Wishing them all the best."

After their arrival in Australia on Monday, Meghan and Harry were escorted by a motorcade to the residence of Australia's governor-general on Sydney's north shore.

Braving rain, well-wishers lined the streets to Admiralty House, where the pair were later spotted by local press enjoying a walk, hand in hand, through the grounds as they recovered from the long plane journey.

Their official duties will begin on Tuesday with a ferry trip across Sydney Harbor and past the Opera House, a visit to Taronga Zoo to see koalas and a viewing of a contemporary indigenous dance troupe. REUTERS

Twitter places bets on royal baby names

ISTOCK

On Monday Prince Harry and Meghan Markle announced that they're expecting their first child together. Markle is due next spring — and now, all that anyone can talk about is royal baby names.

On April 23, Kate Middleton and Prince William welcomed a son into the world. It wasn't until four days later that we found out what they'd be calling him: Louis Arthur Charles.

It took them longer than usual to publicly announce that name — the couple only waited two days after the births of Princess Charlotte and Prince George to reveal each of theirs.

Chances are, then, we won't find out any royal baby names until after Markle's expected 2019 delivery.

Twitter, however, is predicting baby names today.

The first child of Meghan Markle and Prince Harry will be seventh-in-line to the throne.

If this royal baby is a boy, he would be dubbed Earl of Dumbarton, one of Prince Harry's subsidiary titles given to him on his wedding day, according to The Independent. If it's a girl, she would receive the title of Lady Mountbatten-Windsor. Any younger sons would be known as Lord Mountbatten-Windsor.

However, chairman of Burke's Peerage William Bortrick told People magazine that the Queen could give this new baby similar titles to Middleton and Prince William's children: His Royal Highness Prince (His Name) of Sussex or Her Royal Highness Princess (Her Name) of Sussex.

One Twitter user wrote that, should this baby be a girl, Diana Doria would give tribute to both of the royals' mothers (the late Princess Diana and Doria Ragland).

According to royal correspondent Richard Palmer, some names could include the following, per royal bookies: Alice, Arthur, Philip, Diana, Victoria and Samantha.

Host of Royally Obsessed podcast Kaitlin Menza reported bookies are also betting on Elizabeth, Edward, William, Henry, Alexandra and James. SAM BRODSKY

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Turkish forensics arrive at Saudi Arabia's consulate in Istanbul. GETTY IMAGES

Saudis preparing to admit to killing missing journalist in botched interrogation: Reports

President Donald Trump sent Secretary of State Mike Pompeo to meet with King Salman.

Saudi Arabia is preparing to acknowledge the death of Saudi journalist Jamal Khashoggi in a botched interrogation, CNN and the New York Times said on Monday, after U.S. President Donald Trump speculated "rogue killers" may be responsible.

Trump dispatched Secretary of State Mike Pompeo to meet King Salman over the case that has strained the Americans' relationship with the Saudis, carefully cultivated by the president.

Khashoggi, a U.S. resident, Washington Post columnist and leading critic of the powerful Saudi crown prince, Mohammed bin Salman, vanished after entering the Saudi consulate in Istanbul two weeks ago to get marriage documents. Turkish officials say they believe he was murdered there and his body removed.

Citing two unidentified sources, CNN reported on Monday that Saudi Arabia is preparing a report that would acknowledge Khashoggi was killed as the result of an interrogation that went wrong. The Saudi government could not be reached immediately for comment on the CNN report.

"I heard that report, but nobody knows if it's an official report," Trump told reporters, without elaborating.

The New York Times, citing a person familiar with the Saudi plans, reported the crown prince had approved an interrogation or rendition of Khashoggi back to Saudi Arabia. The Saudi government, it said, would shield the prince by blaming an intelligence official for the bungled operation.

The case has provoked

BlackRock and Blackstone CEOs withdraw from Saudi conference

BlackRock Chief Executive Larry Fink and Blackstone Group CEO Stephen Schwarzman will no longer attend a high-profile conference in Saudi Arabia, a source familiar with the matter told Reuters on Monday, becoming the latest senior executives to withdraw amid concerns about a missing journalist.

BlackRock, the world's largest fund manager, and Blackstone, the world's biggest manager of alternative investments, had both previously planned to attend the Future Investment Initiative conference in Riyadh.

Both companies declined to comment when contacted by Reuters.

The moves by the U.S. executives follow similar withdrawals from the event by JP Morgan & Chase Co. Chief Executive Jamie Dimon and Ford Motor Co. Chairman Bill Ford on Sunday.

Executives from media, technology and financial firms have in the last few days withdrawn from the conference, scheduled for Oct. 23-25, after the disappearance of Saudi journalist Jamal Khashoggi.

Khashoggi, a U.S. resident and Washington Post columnist critical of Riyadh's policies, dis-

an international outcry against Saudi Arabia, the world's top oil exporter, with more media and business executives pulling out of a planned investment conference there this month.

While organizers said Monday the conference will go on, the Saudis canceled an annual diplomatic reception in Washington set for later this week.

Many members of Congress, which has long had a testy relationship with Saudi Arabia, have issued strong criticism of the kingdom over the case.

Turkish authorities have an audio recording indicating that Khashoggi was killed in the consulate, a Turkish official and a security source told Reuters, and have shared evidence with countries including Saudi Arabia and the United States. They provided no further details.

Saudi Arabia has strongly denied killing Khashoggi and has denounced such assertions as "lies," saying he left the building shortly after entering.

"The king firmly denied any knowledge of it," Trump told reporters after speaking with King Salman. "He didn't really know, maybe — I don't want to get into his mind but it sounded to me — maybe these could have been rogue killers. Who knows?"

The president gave no evidence to support the theory. Democratic lawmakers criticized Trump for using the term "rogue killers."

"Been hearing the ridiculous 'rogue killers' theory was where the Saudis would go with this," Democratic U.S. Senator Chris Murphy said on Twitter.

"Absolutely extraordinary they were able to enlist the President of the United States as their PR agent to float it."

Trump called Pompeo on Sunday night and asked him to have face-to-face meetings with the Saudi leaders, State Department spokeswoman Heather Nauert said.

"The king firmly denied any knowledge of it."

President Donald Trump

Trump said Pompeo may go to Turkey after Saudi Arabia.

Turkish police investigators entered the Istanbul consulate late on Monday. A Turkish diplomatic source had earlier said a joint Turkish-Saudi team would search the building — the last place Khashoggi was seen before he vanished on Oct. 2.

"It has been 13 days since the event, so surely proving some of the evidence might be difficult" the Turkish official said.

A Saudi official, not authorized to speak publicly, told Reuters that the king had ordered an internal investigation based on information from the joint team in Istanbul.

Trump has threatened "severe punishment" if it turns out Khashoggi was killed in the consulate, although he has ruled out cancelling arms deals worth tens of billions of dollars with Saudi Arabia. European allies have urged "a credible investigation" and accountability for those responsible.

Khashoggi, a familiar face on Arab talk shows, moved to the United States last year fearing retribution for his criticism of Prince Mohammed, who has cracked down on dissent with arrests.

A pro-government Turkish daily published preliminary evidence last week from investigators who it said had identified a 15-member Saudi intelligence team that arrived in Istanbul on diplomatic passports hours before Khashoggi disappeared.

The Saudi consulate referred Reuters to authorities in Riyadh, who did not respond to questions about the 15 Saudis.

Saudi Arabia has responded to Western statements by saying it would retaliate against any pressure or economic sanctions "with greater action," and Arab allies rallied to support it.

The Saudi riyal fell to its lowest in two years and its international bond prices slipped over fears that foreign investment could shrink amid international pressure.

The Saudi stock market had tumbled 7.2 percent over the previous two trading days but rebounded 2 percent on Monday.

Concern over Khashoggi's disappearance has prompted media organizations and a growing number of guests to pull out of a "Davos in the Desert" investment conference set for Oct. 23-25, which has become the biggest show for investors to promote Prince Mohammed's reform vision. REUTERS

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appeared on Oct. 2 after entering the Saudi consulate in Istanbul. Turkey believes he was murdered and his body removed. Saudi Arabia has denied that.

Saudi Arabia on Sunday warned against threats to punish it over last week's disappearance of Khashoggi, as European leaders piled on pressure.

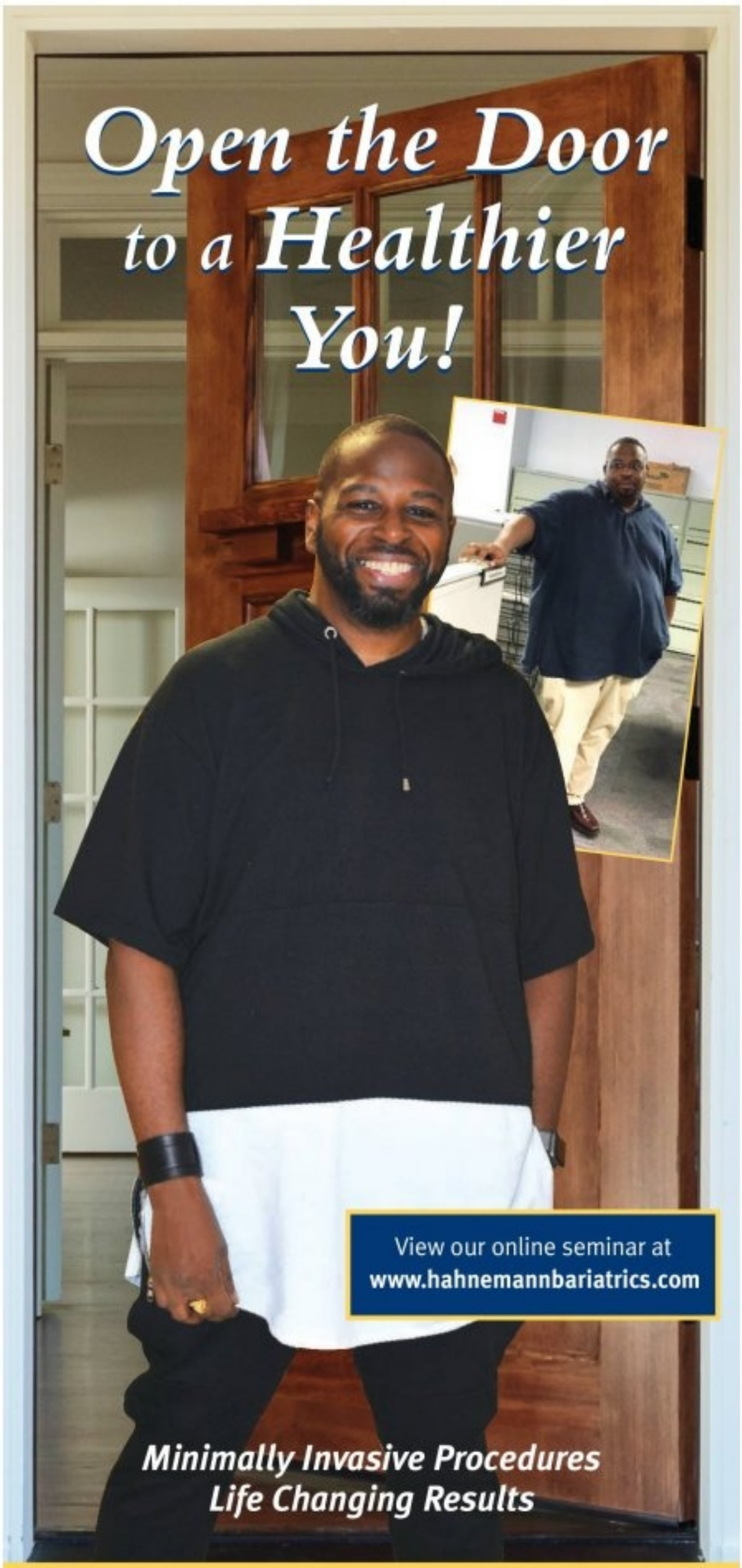
Google also on Monday announced it would boycott a business conference in Saudi Arabia, after the disappearance of Khashoggi.

Google said in a statement that Google Cloud Chief Executive Diane Greene would not attend the Future Investment Initiative Summit, to be held in Riyadh starting Oct. 23.

Chairman and CEO of BlackRock Larry Fink and co-founder and CEO of Blackstone Stephen Schwarzman. GETTY IMAGES

Khashoggi, a U.S. resident, Washington Post columnist and leading critic of Saudi crown prince Mohammed bin Salman, vanished after entering the Saudi consulate in Istanbul on Oct. 2 to get marriage documents.

Since news of his disappearance, many American companies, including Uber, Viacom and Ford, have pulled out of the three-day conference, known as "Davos in the Desert." REUTERS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BRIEF

20 ATV, dirt bike riders arrested in unsanctioned memorial ride

Philadelphia Police arrested 20 ATV and dirt bike riders on Sunday who were traveling on city streets at around 4 p.m. In memory of their late friend, Kyrell Tyler, the ATV and dirt bike riders all took part in an unsanctioned memorial ride in Sowuthwest Philly on Columbus Boulevard, surrounding streets and at Hunting Park.

The riders caused chaos for others on the road as they drove against traffic, cut drivers off, drove

fast and drove in packs.

One local man shared with Fox 29 how he was almost run over by a group of riders while he tried to pump gas.

"I was almost run over. I go to pick up the gas pump and, I mean, as soon as I turn my head, the guy is probably a ruler away from me," Mike Johns shared.

The scene of more than 200 ATV and dirt bike riders was a first for resident Jesse Padilla.

"Never seen anything like this before. I'm from Southern California. I've seen it with the car culture, but never the motorcycle scene," stated Padilla. "120 to 150, there was a lot of them."

At one point, riders were seen taunting the local Philadelphia Police in packs. Police on motorcycles and in patrol cars refrained from pursuit so that other drivers on the road were not injured.

While police say they attempted to contain the chaos calmly, those outside heavily populated areas were arrested. One driver led police on a chase through a cemetery but was eventually caught.

Aside from the arrest of 20 riders, more than 30 ATVs and dirt bikes were confiscated.

SARAH LUOMA

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Pa. State Rep. Mike O'Brien attending state budget hearings in 2007. FACEBOOK

State Rep. Mike O'Brien dies of heart attack

The 175th Legislative District representative was 64 years old.

SARAH LUOMA
letters@metro.us

Pennsylvania State Rep. Mike O'Brien died Monday morning from a fatal heart attack at the age of 64.

O'Brien's daughter, Bridget O'Brien, confirmed the news with the Associated Press, sharing that her father died early Monday morning inside his childhood home in Fishtown.

Bridget O'Brien shared that her father had several health issues. Over the summer, O'Brien announced that he would not seek another term as chief of staff.

A representative of the 175th Legislative District, O'Brien also chaired the House Urban Affairs Committee and served on the House Appropriations Committee.

While the Democrats' office works on an official announcement of his passing, some friends and co-workers have shared their thoughts on O'Brien's political career and his death.

Philadelphia Mayor Jim Kenney sent out a tweet on Monday: "State Rep. Mike O'Brien dedicated his life to public service and his neighborhood. A champion for all Philadelphians, Mike consistently advocated for those on the margins. He was always a neighborhood guy at heart. God bless, Mike. Rest in peace."

Speaker of the House Mike Turzai (R-Allegheny) shared: "Rep. O'Brien was a strong voice for the citizens of Philadelphia during his 12 years in the House and a man of common sense and integrity."

" A champion for all Philadelphians, Mike consistently advocated for those on the margins."

Philadelphia Mayor Jim Kenney

"Mike and I go back to the days when we were staffers, navigating bureaucracies and doing our best to help people in need," Philadelphia City Council President Darrell Clarke (D-5th District) said. "That experience makes some future politicians cynical — but not Mike. Mike never lost his impatience for progress and change, and in recent years, I have appreciated watching him fight with passion for Philadelphians on the Pennsylvania House floor. Rest easy, Mike — you really deserve it."

Class is in session with 'T-Pain's School of Business'

We spoke with the singer and entrepreneur about his new show on FUSE.

PAT KING
patrick.king@metro.us

ALL PHOTOS JASMINE EVARISTO/FUSE

For every great startup that revolutionizes an industry, there are countless that are never funded because the person who came up with the idea never took the chance and jumped into the ball pit. Singer and entrepreneur T-Pain will be treated kindly by history as someone who changed the course of pop music when he emerged on the scene back in the early 2000s. With his new show, "T-Pain's School of Business," on Fuse, the entertainer will be meeting with young entrepreneurs to give advice on their business decisions and learn a little something from them in the process. We spoke with T-Pain about the show and picked his brain a little on how to chase your dreams.

Tell us about the new show.

Pretty much the idea behind the new show was seeing what entrepreneurs have to really go through the get their businesses off the ground. I don't think a lot of people know the process and they just think that you come up with a good idea and then you just make a lot of money. People don't think about the failures and the trials and tribulations and things you have to go through to really have a successful business. We're showing the world it's more than a good idea and a big check. Even if you're afraid of your big idea — if it's stupid but it works, then it's not stupid...You may have a great idea that's sitting in your head right now but you may think it's stupid. So, here's what other people are going through. When people hear the name "School of Business," they think, "Is this going to be T-Pain saying how much he knows about business more than everybody else?" And it's really not that. It's very encouraging to young entrepreneurs and showing people to just try everything and do anything you want. If it doesn't work, try something else.

You could interpret the "School" in the title of your show as you going to business school.

The best kind of teachers learn from their students as well. So it's always great to go into a business or into a class knowing that you don't know everything and you can always learn more. We grew up with this idea that teachers were the smartest people in the world. That's why they're teachers. They know everything [laughs]. That's just the most untrue thing we grew up thinking.

What would be your biggest advice for someone who is looking to follow their dreams?

My main advice to everybody all of the time is don't listen to anybody else. If everybody else knew what a good idea was, they would have made it first. Go ahead and do what you're thinking. If it turns out bad, then do the other thing that you were thinking. Everybody has these ideas but they always get to that point of "Ah, I'm not going to do that. That'll be stupid. Nobody is gonna buy that." It's that point where you go past that and you just do it anyways, that's when it comes into fruition and you start making a ton of f—ing money. That's just how it is. Don't listen to anyone around you, just get past that point... When I got in the game and I started producing, all of these producers like Timbaland and people that I really respected, they told me that my beats was whack... I made all of the beats on my first three albums and two of them went gold and one of them went platinum. I'm fine with not listening to anyone around me.

"T-Pain's School of Business" premieres on Oct. 16 at 11 p.m. on FUSE.

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Pat King
Grumble Editor

PUSH-BUTTONS ON BATHROOM SINKS
Technological innovation is one of the biggest benchmarks in the evolution of our species as this hunk of rock we inhabit floats through space. The inventions have made our lives easier by eliminating problems that have caused us pain and misery in our everyday lives. But when I am walking back from the restroom with water splatter all over my clothes from the splashback velocity created from those push-button faucets when I wash my hands, I can't help but think to myself: "If it ain't broke, don't fix it." Haven't we come so far in our existence as human beings to know when a good invention should simply remain the standard? I will forever hold the push-button faucets in the same space in my heart as I do any of the "Sandlot" sequels. Why improve on a good thing?

READER WRITE-INS:

WALKING WITH PURPOSE!
Amen to Damon M., who wrote in about clueless pedestrians ("Walk with a Purpose"). I battle this every day in Center City, Philadelphia, often when I need to catch a train or get to work. The worst offenders are people who stop suddenly to check their phone, or walk slowly while texting/talking/playing Words with Friends. Another grumble for another day is the people who insist upon skateboarding or biking around City Hall, ignoring the signs posted forbidding it.
— **Abbey,** *Metro Philly reader*

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The winning caption from Dawn MacAdams-Mull, *Metro Philly reader*

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Aries Put your head down, push forward and don't stop until you are satisfied with the results you get. Your drive and determination will ward off criticism.

Taurus Take control and do your own thing. The ideas you have and the changes you make will be well-received. A partnership will help raise your profile and your success rate.

Gemini Jealousy will not help you get ahead, but hard work, dedication and a positive attitude will. Don't stop until you have accomplished what you set out to do.

Cancer You'll be able to initiate a change that will bring you closer to people you want to work alongside or those you love and want to spend more time with.

Leo Listen to complaints and do what you can to keep the peace, but don't give in to anyone using emotional tactics to throw you off track. Your reputation will be at risk.

Virgo Someone will offer you a different perspective that will help you see the possibilities that are within reach. If you share in the conversation, a unique partnership will develop.

Libra Make the most of your day. Don't wait for others to take charge when you should be applying your skills and putting forth the effort to turn your ideas into reality.

Scorpio If you are resourceful and disciplined, rewards will be forthcoming. Refuse to give in to pressure or stress caused by someone acting aggressively or indulgently.

Sagittarius Help yourself before you help others or you will end up getting taken advantage of by someone eager to hand you responsibilities that he or she doesn't want.

Capricorn Look for an opening to present and promote what you have to offer. An unusual deal will turn out to be prosperous if you add your own unique touch.

Aquarius Take care of personal matters, pending settlements, contracts or anything else that can affect your financial standing. Protect against loss, minor injury and excessive or inappropriate behavior.

Pisces The changes you make will take others by surprise. A chance to use your skills in a unique way will open doors to new beginnings. Love and romance are on the rise. EUGENIA LAST

A perfect fit

Dana Donofree created Ana Ono specifically for women diagnosed with breast cancer.

MOLLY GIVEN
molly.given@metro.us

At the young age of 27, Dana made it her mission to design lingerie specifically for women who have had breast reconstruction, breast surgery, mastectomy, or are living with other conditions that cause pain or discomfort.

What were your thoughts after you received your diagnosis?

When I was diagnosed it was a complete and utter shock. I had no reason for it to be on my radar, I was 27 years old, I was healthy, I didn't have a family history. There was nothing in life that was sending alerts my way that you could get sick or that you could get cancer in your 20s. I mean, it was just a total shock all around. Hearing it two months before my wedding was purely devastating. The first thing I felt was, "Am I gonna make it? Am I even gonna be here to walk down the aisle eventually?" You know, what does this mean? What does cancer mean and what is it going to do to my life? There were an incredible amount of unknowns in that moment.

What was the beginning of growing Ana Ono like?

It was tough. I would say, I knew there was a need. I was living with a body that was affected by breast cancer, I had undergone breast reconstruction, and I thought for sure there were thousands and millions of other people like me that were looking for the same thing. But what I realized was that we were all encountering similar issues and challenges after our mastectomies and breast reconstructive surgeries. What I learned very early on was that people didn't understand then what breast cancer did to a woman's body, and they didn't understand what breast reconstruction was or the differences of a breast reconstruction after a cancer diagnosis. So when I met my customers and other breast cancer patients, immediately they would go, "Oh my God, I have been looking for a bra everywhere. I can't find one. Why can't I find one? What's so wrong with us?" And I was like, well, we just don't fit into traditional underwear anymore because our reconstructed breasts look and mimic breasts but don't perform like them.

"It is a personal choice and it is something you should feel proud of and feel like it's a part of your life because you have to live in your body every day."

What has the feedback been like with Ana Ono?

"I am so honored that so many of our customers and clients share really intimate and personal stories with us after they either find Ana Ono or are wearing their Ana Ono. The feedback I get is just so overwhelmingly encouraging. It was really sort of tough for me to hear and digest at first. But you know, one of the first women that told me I changed her life, it was really a lot, it really put a different sort of weight on the expectation and what I was really doing. That's when I found out that with Ana Ono, I'm not selling a bra. The bra is the vehicle, but the bra is also the gateway to bring back a certain piece of your life, whether that be personally or sexually or with your femininity and identity. So it's just like getting that piece of what was there before cancer, and it's life-changing. Some tell me the story of how they have taken off their clothes in front of their partner for the first time since surgery, you know, and all of that leads to our livelihood and leads to the lives we should be living after our cancer diagnoses. I feel like, as we get this feedback and as these stories are shared with us, there are no words because it is so incredibly powerful what other people experience in their lives.

What advice would you have for others diagnosed with breast cancer?

My advice would be, it's all about you. Cancer can be very overwhelming, and it's going to rattle your world in ways that you've never expected it. But this is the time to be focused on yourself and to heal and to stay strong and to surround yourself with people who love and care about you. You'll find your own path to get through it and to keep going. Because that's what you have to do. Every morning, you have to get up and keep going.

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Think pink

Philly is raising awareness for breast cancer all month long. ALL PHOTOS GETTY IMAGES

All the ways to support Breast Cancer Awareness Month in Philly.

MOLLY GIVEN
Molly.Given@metro.us

October means Breast Cancer Awareness Month, and Philadelphia is ready to step in and support the cause. Plenty of bars, restaurants and shops are gearing up to help support in any way they can. Here's how you can get involved this month.

Tria
Wine bar Tria is donating $1 from every glass of Rosé Cava Brut sold to Living Beyond Breast Cancer throughout the whole month of October.
2005 Walnut St., triaphilly.com

Breast Cancer Awareness Day at Cancer Treatment Centers of America
Professionals and experts from Cancer Treatment Centers of America will take part in a showcase of different educational events for breast cancer patients, caregivers and the community. There will be refreshments provided as well
Oct. 18, 6-8 p.m., Cancer Treatment Centers of America, 1331 East Wyoming Ave., free, cancercenter.com

A Celebration of Survivors Pink Tie Breast Cancer Gala
It is time to celebrate the fact that you survived, know someone who has, or were a caregiver. There will be food, refreshments, a silent auction, a fashion show and much more.
Nov. 9, 7-11 p.m., Pegasus Room, 5534-46 Pulaski Ave., $100- $150, mapado.com

Rosé Soiree
Enjoy a night filled with rosé, delicious food and entertainment all in support of a good cause supporting Breast Cancer Awareness Month.
Oct. 19, 8-11 p.m., 6380 Germantown Ave., $25, eventbrite.com

Little Rebel Beer Garden
South Philly's Devil's Den is hosting an event where only pink drinks will be flowing in honor of BCA month. Ten percent of sales will be donated to the Rena Rowan Breast Center at the Hospital of the University of Pennsylvania.
Oct. 19, 5-10 p.m.,1148 S 11th St., devilsdenphilly.com

Brunch en Blush
This brunch is completely dedicated to breast cancer survivors, fighters and all of their families. A huge portion of the proceeds will go

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Breast Cancer Awareness Month even hits the field with the Philadelphia Eagles.

towards Unite For Her. Every ticket sold goes toward finding a cure.
Oct. 27, 11 a.m.-2:30 p.m., DoubleTree by Hilton Hotel Philadelphia Airport, 4509 Island Ave., $30-$60, eventbrite.com

Stratus
All month long, Stratus, located on the roof of Hotel Monaco in Old City, will offer glasses of Veuve Clicquot Rosé for just $15 (a glass usually costs $50).
433 Chestnut St., stratus-lounge.com

Lights for the Cure
Since 2002, Philadelphia has partnered up with the Susan G. Komen foundation to paint the town pink with lights. Pink will make an appearance all month long in different locations including the National Constitution Center, Independence Seaport Museum, One Liberty Place, Kimmel Center and more, all in honor of Breast Cancer Awareness Month.
Through October, various locations around the city, philadelphia.cbslocal.com

Rock the Ribbon Annual Gala
Breastcancer.org sponsors this annual event featuring entertainment, live music, activities, refreshments including a donut wall from Federal Donuts, goody bags with coupons and more. Of course, the best part is the support of a good cause.
Oct. 20, 6-11 p.m., Masonic Temple, 1 N. Broad St., ticket prices vary, breastcancer.org

Pop-Up Pink Parade at The Vision Venue
This is a day full of activities in support Breast Cancer Awareness Month, including a breakfast, pep rally, balloon release, two-mile walk and more. Shopping at the store is all for a good cause as well: a portion of proceeds will go to Philadelphia's own Traci's BIO (Beautiful Inside & Out) breast cancer awareness organization.
Oct. 21, 9 a.m.-6 p.m., The Pop-Up Store at The Vision Venue, 410 South St., tracisbio.org

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What you need to know about breast cancer treatment

Mount Sinai

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You have medical questions? We have answers. Metro is teaming up with the experts at the esteemed Mt. Sinai hospital to provide answers to New Yorkers' most pressing medical concerns. Send us an email at askmtsinai@metro.us. We'll select one question and publish an answer every other week.

You'd have to be a hermit to not know that October is Breast Cancer Awareness Month — pink is everywhere. What many people might not be aware of is how much information about breast cancer treatment is outdated or false. We talked to Dr. J. Jaime Alberty-Oller, surgical breast oncologist at The Dubin Breast Center of the The Tisch Cancer Institute at the Mount Sinai Health System in New York to help separate fact from fiction.

Do breast cancer surgeries and biopsies cause cancer to spread?
This is one of the questions that patients ask about most often when first diagnosed, leading to a lot of anxiety right from the start. Patients should know that it is largely a myth that exposure to healthy surrounding tissue (during a needle biopsy) or to the air in an operating room (during surgery) will cause cancer to spread. Medical evidence suggests that "tumor seeding," or spreading, is unlikely. A recent study from Mayo Clinic dispelled this myth, as researchers were able to show that patients who had needle biopsies actually did better than those who did not.

Does everyone at high risk of breast cancer need a mastectomy?
Every woman is different, and there are varying levels of breast cancer risk for each. An average woman's risk of developing breast cancer is often quoted to be 1 in 8, which amounts to a risk of 12%. A number of personal and family history factors may ultimately increase that risk. Most patients at high risk of breast cancer will not need surgery. Patients who test positive for certain genetic mutations (such as BRCA 1 and BRCA 2), however, may benefit from risk-reducing surgery, since their chance of developing breast cancer is much higher than an average woman's.

Can a lumpectomy be as effective or more effective than a mastectomy?
Most patients diagnosed with breast cancer will be able to choose between a lumpectomy (where only the cancer is removed with a rim of normal breast tissue around it) and a mastectomy (where all of the breast tissue is removed surgically). Both are equally effective in terms of how well patients do in the long run. Some women, unfortunately, will not be candidates for a lumpectomy if, for example, their cancer is

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too big or if they have more than one cancer in their breast.

Can titanium clips left in the breast damage the breast or travel to other parts of the body?
Nowadays, breast biopsies are almost always done with a needle for lesions that cannot be easily felt. In order to be able to find the area again, whether or not surgery is needed, titanium clips are left to mark the specific area in the breast. These clips are very, very small (about the size of a comma in a page) and the body does not react to them. They will not travel to other parts of the body and are overall very safe to use. They can be easily seen in a mammogram, helping doctors really focus on the sampled area in the breast.

What is lymphedema? Does everyone who gets lymph-node surgery get lymphedema?
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After a mastectomy, the chances of a recurrence (or the cancer returning) are indeed lower when compared to a lumpectomy — but they are still not zero. Some patients think that by getting double mastectomies, they will not have to worry about developing breast cancer in the future. Unfortunately, that is not the case, as cancer may happen from only one microscopic breast cell that is left behind. This is why it so important for patients to get regular physical examinations from their doctors, especially after undergoing a mastectomy. Your doctor will let you know how often to get examined.

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The '18-19 NBA journey begins

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Metro previews the upcoming NBA season, which begins tonight.

JOVAN ALFORD
jovan.alford@metro.us

A new season of NBA action is upon us. The 82-game grind towards a trip to the 2019 NBA Finals begins on Tuesday night with the Philadelphia 76ers taking on the Boston Celtics and the Oklahoma City Thunder facing off against the defending NBA champion Golden State Warriors.

It should be an exciting year in the Association as there are plenty of changes across the Eastern and Western Conferences. For starters, LeBron James left Cleveland and decided to sign a lucrative four-year, $154 million deal with the Los Angeles Lakers.

Can LeBron lead the young Lakers core of Lonzo Ball, Kyle Kuzma, Josh Hart and Brandon Ingram to the playoffs? We shall see.

Staying in the state of California, the Warriors are looking to three-peat. The last time an NBA team won three straight titles was when Michael Jordan's Chicago Bulls dominated the league from 1995-1998.

After sweeping the Cavaliers in last season's NBA Finals, the Warriors reloaded over the summer by signing center DeMarcus Cousins to a one-year deal. The rich get richer, which makes Golden State the favorite to win the NBA title again.

However, you cannot forget about the Thunder, who still have the triple-double machine that is Russell Westbrook.

In the offseason, Oklahoma City re-signed Paul George to a massive four-year deal and acquired point guard Dennis Schroder in a three-team trade with the Atlanta Hawks to get rid of Carmelo Anthony's contract. Speaking of Anthony, he now joins a Houston Rockets team led by James Harden and Chris Paul that was 48 minutes from a trip to the NBA Finals last season.

Along with those teams mentioned, there will be a lot of attention paid to the upstart Denver Nuggets, Utah Jazz, the Anthony Davis-led New Orleans Pelicans, and the soap opera involving Jimmy Butler and the Minnesota Timberwolves.

While the Western Conference seems loaded with talent and drama, the Eastern Conference is wide open as the Celtics, 76ers and Toronto Raptors are poised to fight for the title.

This season, you can expect the Celtics to be back in the conference finals and possibly making the NBA Finals. They are one of the more complete teams in the league and are getting back a healthy Kyrie Irving and Gordon Hayward. Don't forget they still have Jayson Tatum, who had an amazing rookie year and is a star in the making.

The Sixers, who were bounced in the second round of the playoffs by the Celtics, could not land a star in the offseason and returns with mostly the same team from last year. However, Philadelphia could make that jump to the next level if Markelle Fultz is ready to go. Last year's No. 1 overall pick missed most of the season with a shoulder injury and had issues shooting the ball.

Fultz has looked like a completely different player in the preseason and that is good news for the Sixers and their fans. The young point guard wants to be the third star for Philly and will get that chance playing next to Joel Embiid and reigning Rookie of the Year award winner Ben Simmons.

Unlike the Celtics and Sixers, the Raptors made some major changes in the offseason. First, they fired reigning Coach of the Year winner Dwyane Casey and hired Nick Nurse. Then Toronto made a huge splash trading star guard DeMar DeRozan to the San Antonio Spurs for two-way superstar Kawhi Leonard.

The move sent shockwaves around the NBA as many people did not peg the Raptors as a possible destination for Leonard. The quiet two-way superstar now makes Toronto a legit contender with Kyle Lowry, OG Anunoby, Serge Ibaka, and Jonas Valanciunas still in the fold.

Outside of the top three teams in the Atlantic division, keep your eyes on the Washington Wizards, Indiana Pacers, and the Milwaukee Bucks with potential MVP candidate Giannis Antetokounmpo this season.

Now that you know about what to watch for, who will win the MVP? Rookie of the Year? And the 2019 NBA Finals? Check out our selections below from the Metro Sports staff.

JOVAN ALFORD, METRO PHILLY
2018-19 NBA PICKS

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R.O.Y.
TRAE YOUNG

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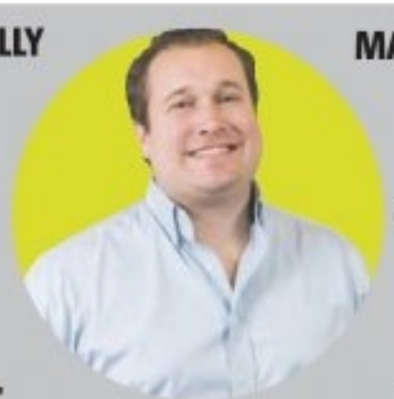
WARRIORS OVER CELTICS IN 7



MATT BURKE, METRO BOSTON
2018-19 NBA PICKS

MVP
GIANNIS ANTETOKOUNMPO

R.O.Y.
LUKA DONCIC

NBA CHAMPIONS
WARRIORS OVER CELTICS IN 6

JOE PANTORNO, METRO NY
2018-19 NBA PICKS

MVP
LEBRON JAMES

R.O.Y.
LUKA DONCIC

NBA CHAMPIONS
WARRIORS OVER CELTICS IN 6

11 Bold predictions for Sixers' season

Philly will be tipping off the season on the road against the Boston Celtics.

ANDY JASNER
sports@metro.us

The 2018-19 Sixers will begin the regular season tonight against the Boston Celtics.

Will they eclipse last season's mark of 52 wins? Will they advance further than the Eastern Conference semifinals? Will Ben Simmons hit at least one 3-pointer this season? Will Joel Embiid be in contention for Most Valuable Player?

Here are some predictions for the questions above, along with much more — unofficial, of course.

1. The Sixers didn't improve much from last season in terms of free agency, but they still have a bevy of talent. They'll win one more game to reach 53.

2. They'll get eliminated in the Eastern Conference semifinals once again, this time in seven games to the upstart Washington Wizards. The Sixers could advance deeper in the playoffs. It's possible.

However, for a hardcore prediction: They're going out in the second round for the second straight season.

3. Simmons will knock down at least one triple this season and it won't be a half-court heave. He may not be JJ Redick just yet, but he will make at least one.

4. Embiid will stay in contention for MVP for most of the season, but will finish third behind Kevin Durant and LeBron James. There is no shame in finishing behind that dynamic duo. The key for Embiid will be staying healthy, motivated and in condition through the marathon season. Embiid has all the skills and he should have an outstanding season, especially coming into the opener fully healthy for the first time.

Markelle Fultz is an x-factor for the Sixers this season. GETTY IMAGES

5. Will Markelle Fultz play in at least 60 games? Yes. Playing is one thing. Thriving is another. There is quite a bit of pressure on Fultz, the former No. 1 overall pick, who played in only 14 games last season. He needs experience. Don't expect Fultz to become a star. But expect him to at least be on the court, gaining coveted playing time.

6. Will Robert Covington remain on the team all season? Yes. Don't be shocked if the Sixers make a major move or two next offseason, which would include moving Covington. For now, look for Covington to remain in the starting lineup.

7. Will Jimmy Butler join the Sixers? No. The asking price is too high.

8. Will Redick average at least three 3-pointers per game? Yes. Redick looks as sharp as ever this preseason and he'll get plenty of open looks.

9. Will Dario Saric play in the All-Star Game? No. That's irrelevant. Saric is so vital to the success of this team with his all-out hustle and drive night after night. He's the ultimate professional and the Sixers are lucky to have him.

10. Will rookie Zhaire Smith play in 2018? No. It seems almost normal for a Sixers rookie to suffer an injury and remain out for an extended period of time. There's no reason to rush Smith back. Look for him in January 2019.

11. Will T.J. McConnell receive any DNP CDs? Yes, only a few. McConnell just won't go away and that's good. His energy is contagious. McConnell has also become such a quality player off the bench. He'll stay in the mix again.

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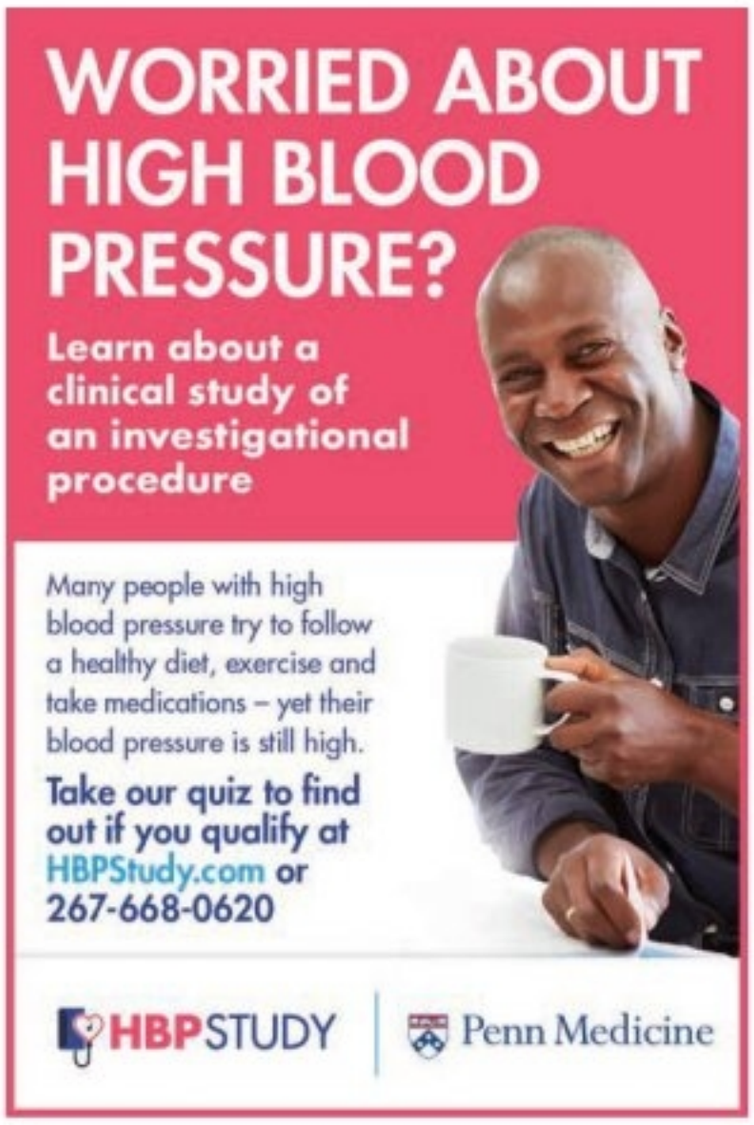
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We will pick up
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We Pickup
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GAMES

metro.us/crossword

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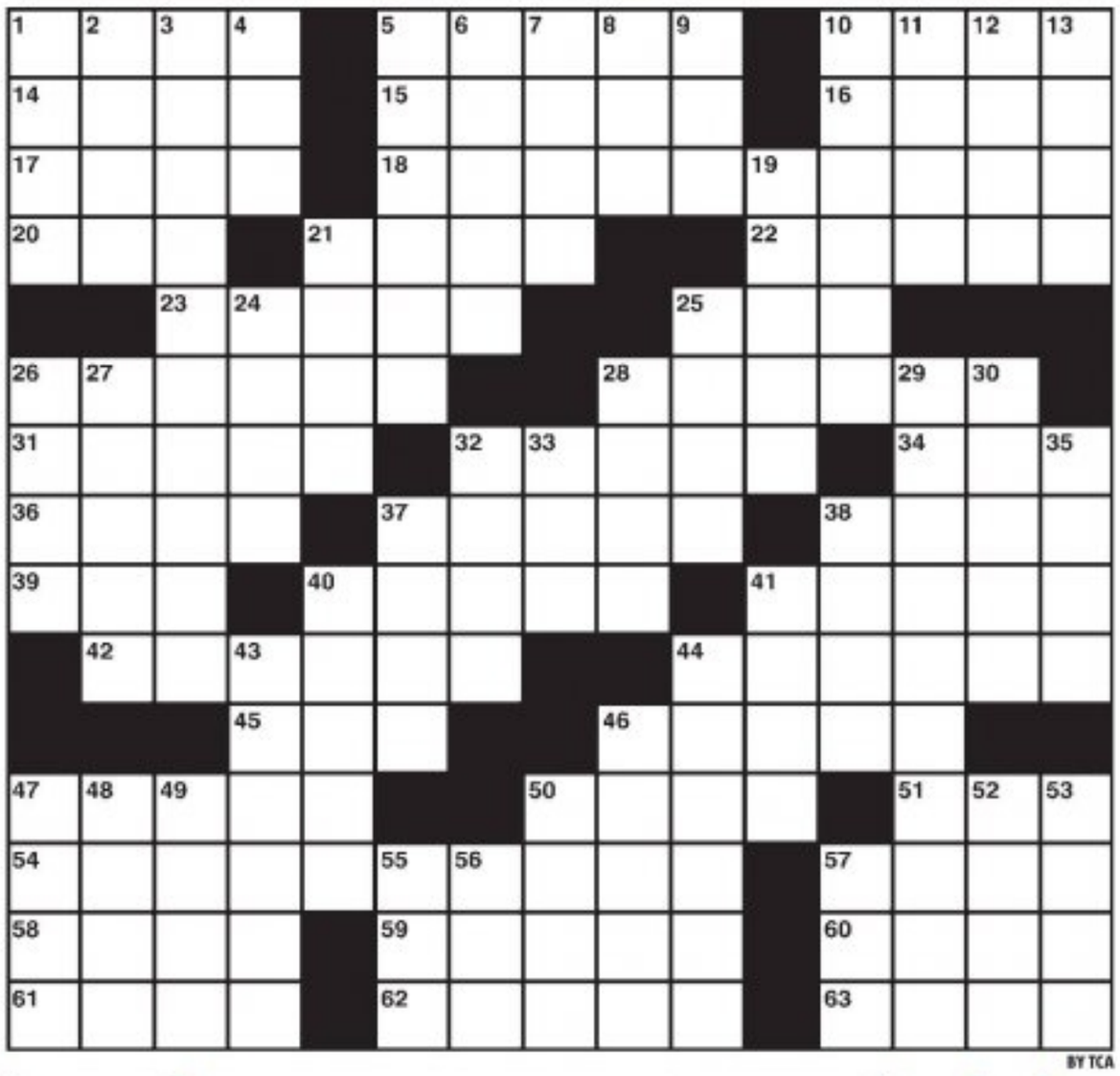

BY TCA

ACROSS

1 Uncertain
5 Be ready for
10 Deeds
14 Eucalyptus or ash
15 Actress Messing
16 Blood-sucking insect
17 Tigers & tabbies
18 Unyielding
20 Shack
21 Hitchhiker's hope
22 Pool toys
23 Bring together
25 Jewel
26 "Little Women" author
28 Leaf vegetables
31 Filthy __; ill-gotten gain
32 Wide
34 Feasted
36 Overly proper
37 Anxieties
38 Stick around
39 Moral transgression
40 See eye __; agree
41 Snail's trail
42 Remains; rubbish
44 Ice cream portions
45 "__ Abner"
46 __ away; flabbergasted
47 "Get lost!"
50 Sandy sediment
51 Be victorious
54 __ ads; newspaper section
57 Critical
58 Dad's sister
59 Water barrier
60 Smell
61 New Jersey team
62 City in England
63 __ away; dismiss

DOWN

1 Poison ivy symptom
2 Berlin wife
3 Thick flat pasta
4 TV's "Say __ to the Dress"
5 Floating
6 Like neglected gardens
7 Suffix for laugh or fashion
8 Wrath
9 Deer's color
10 On fire
11 Treble __; musical symbol
12 Quiz
13 Talk back
19 Like a forest
21 Ceremony
24 Man's nickname
25 Mardi __
26 Swiss skier's milieu
27 Gruesome
28 Puncture
29 Across the country
30 Rubber-__; approve routinely
32 Stingers
33 Actor Romano
35 Facial features
37 Aluminum wrap
38 Sluggish
40 Brief haircuts
41 Aberdeen native
43 Explosions
44 Playground inclines
46 Raise AKC dogs
47 Read over quickly
48 Helpful hint
49 Angry speech
50 Be generous
52 Press
53 Bookish fellow
55 Under the weather
56 "__-fi-fo-fum..."
57 __ and don'ts; rules

metro.us/wordsearch

M	A	Y	E	R	Z	Y	E	Y	G
U	Y	U	G	Y	D	D	U	B	S
U	I	H	K	O	I	M	O	O	R
N	R	T	E	S	Q	U	I	R	E
I	I	R	N	D	K	P	E	B	T
T	S	I	R	A	T	I	U	G	H
N	H	O	J	U	I	Y	N	S	G
O	S	Q	U	A	R	E	S	G	U
C	L	A	P	T	O	N	A	Q	A
W	O	N	D	E	R	L	A	N	D

Buddy Guy
Clapton
Continuum
Daughters
Esquire
Guitarist
Inside
John
King
Mayer
Room
Squares
Trio
Try
Wonderland

metro.us/wander

Category: Classic TV Show

A	N	S
G	O	H
S	H	E
E	O	R

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

	7				2	5		6
	5	9		3	1			7
		2		5		4		3
	8				3			4
9			1				7	
7		8		9		2		
3			2	7		6	5	
2		5	3				4	

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S	L	O	W			S	L	U	G		S	T	A	G
P	A	R	E	D		T	U	N	E		H	E	R	R
U	N	I	T	E		E	X	O	N	E	R	A	T	E
N	A	G		T	O	A			D	R	E	S	S	Y
		I	D	E	A	L			A	N	D			
S	A	N	E	S	T			P	R	I	S	S	Y	
A	D	A	P	T		F	R	A	M	E		P	O	D
G	U	L	P		B	R	I	D	E		T	O	D	O
A	L	L		J	E	E	P	S		C	U	R	E	S
	T	Y	R	A	N	T			R	A	T	T	L	E
			O	N	E			M	E	N	U	S		
E	C	H	O	E	D			O	D	D		P	H	I
B	O	U	N	T	I	F	U	L		I	S	A	A	C
B	A	L	E		C	O	P	D		D	O	G	I	E
S	L	A	Y		T	R	A	Y			W	E	L	D

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- Depression
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- Influenza ("The Flu")
- Healthy Volunteers
- Kidney Disease
- Lactose Intolerance
- Liver Disease
- Migraine
- Non-Alcoholic Steatohepatitis (NASH)
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